

Message of Prayer from **MARY, OUR LADY OF THE IMMACULATE CONCEPTION**  
For ALL WHO WISH TO DEEPEN THEIR SPIRITUAL LIFE  
**October 13, 2001** through Chris Courtis, a visionary in Maryland, USA.

*(There's an illuminating light around her. There is, Oh, She's Our Lady of Lourdes! She has a blue sash. Oh, her smile is so beautiful! She has high cheekbones, and she's so healthy-looking! Her Rosary is mother of pearl, and her crucifix and chain is gold. She says, "Throughout my apparitions, this is the only thing that remains the same," her Rosary. She says, "I come under this title of Our Lady of Lourdes, I am the Immaculate Conception, to give a message on prayer."*

**My dear little ones,**

In Lourdes, France, I came under the title of The Immaculate Conception, and I asked Bernadette for one thing and one thing only. Again, hear my words, **PENANCE! PENANCE! PENANCE!**, and then I asked her to kiss the ground in penance for the conversion of sinners.

I don't ask you to do that, but rather, **offer up a sacrifice for the conversion of sinners.**

**Sacrifice your lives,** dear little children!

Live holy lives according to the gospel.

My dear little ones, **humility** is the key to sanctity and holiness.

**Littleness** is the key and virtue to love God.

**Mercy** comes forth from each of these, **humility and child-likeness and love.**

Dear children, I did not appear in Lourdes, France to cure all people.

My purpose in Lourdes was to bring a message of hope.

**The message of hope is that with penance and sacrifices, the world can be upheld and peace can reign in every heart.**

*(She has a very serious look on her face. She says,)*

My dear little ones, are you willing to sacrifice yourselves for the conversion of sinners?

Are you willing, like Bernadette, to suffer and redeem souls the way God has?

Are you willing to lay down your life for those you love and for the faith?

My dear little ones, I ask you this question because this is what Bernadette did and what I ask you to do today.

Be small, humble, accept the messages I give to you and **repair and rekindle your heart to live my messages and pray for the conversion of sinners.**

I am your mother. Why can you not see that sinners who are in great sin are not only suffering greatly, but are spiritually poor?

My dear little ones, sacrifice your time, offer up a Rosary, a chaplet, a kiss for the conversion of sinners. God hears your prayers.

I came to Lourdes to offer you an alternative route of **healing love through penance.**

I love you, my dear little ones. This message must be **lived.**

I do not ask you to do penance to save the world, only God can save the world, but rather I ask you to **do penance for love of others.**

When you can truly and freely love one another with the depths of your soul, and make penance for other people, **then sinners will be converted.**

I love you all, and I bless you with the Sign of the Cross.

As always with my Messages on Prayer, please try to live them the best you can.

That's all that God asks. That's all I ask from you is that you do your best and do not worry.

Those who try are blessed more so than those who never make the effort.

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