## CHAPLET AND PRAYERS OF THE MOST CHASTE HEART OF ST. JOSEPH



- **1. The Sign of the Cross:** In the name of the Father, and of the Son, and of the Holy Spirit. Amen
- 2. The Our Father: Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen
- **3.** The Hail Mary: Hail Mary, full of grace, The Lord is with you. Blessed are you among women, and blessed is the

fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

4. The Apostles' Creed: I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day, He rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

# 5. On the 5 large beads before each decade:

Heart of St. Joseph, heart most strong and humble,

pray for us for peace and strength.

Heart of St. Joseph,

intercede for this my need (make request), and give to me the graces I need to live and please thee.

Heart of St. Joseph, heart most strong and humble,

with hope we call on thee.

- **6. On the 10 small beads of each decade:** Oh Most Chaste and Humble Heart of St. Joseph, pray for us.
- 7. After 5 decades, on the medal: Oh most humble carpenter of Nazareth, spouse of

the Blessed Virgin and loving foster father of Jesus Christ, I venerate your Most Chaste Heart which is so similar to the hearts of Jesus and Mary. I pray that your heart would look kindly upon me and be thou most charitable unto me, and that through this special devotion to your Most Chaste Heart, you may obtain for me every grace, love, and peace needed to live and to love God. Amen

- 8. On each of the 3 small beads: say three times on each bead: (9 times) Sacred Heart of Jesus, have mercy on us. Most Humble Heart of St. Joseph, pray for us. Most Loving Heart of St. Joseph, pray for us. Most Faithful Heart of St. Joseph, pray for us. Most Merciful Heart of St. Joseph, pray for us. Most Chaste Heart of St. Joseph, pray for us. Immaculate Heart of Mary, pray for us.
- **9.** The Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen (x3)
- 10. Ending Prayer: Oh, God on High, who did create St. Joseph to be a model of fatherhood, spouse, model of workers, and protector of virgins, look kindly on those who have a special devotion to the Most Chaste and Humble Heart of St. Joseph, that they may receive the help, protection, and graces that they ask for, for we know from Church teaching that

you did look favorably upon St. Joseph and His Most Chaste and Humble Heart, for you prepared him to be the spouse of the Holy Virgin and foster father of Your only begotten Son Jesus Christ.

You who also did increase in his heart certain graces such as reasoning, virginity, charity, poverty, and sympathy for the dying, who made his heart so similar to the hearts of Jesus and Mary, look with love on the Most Chaste and Humble Heart of St. Joseph and grant to him who loved and served your only begotten Son so faithfully, his request that he makes on our behalf.

He desires us to be charitable and to defend us from the evil one. Let him be charitable, especially to poor sinners, and help us in our needs and trials.

And in the sweet name of Jesus Christ, the only Son of God, grant us the graces to serve God, and as an act of love and refuge, hide us in the heart of St. Joseph where we will be protected from the dark and stormy night. Let the heart of St. Joseph shine forth as a pillar for the Church, to strengthen it and to give it the light of Christ.

And let the heart of St. Joseph which is filled with the love and mercy of God be given to every sinner, including me.

In the name of Jesus Christ, My Savior and the only Son of God, I pray and ask this. Oh Most Chaste and Humble Heart of St. Joseph, I love and trust in thee. Amen

### **CONSECRATION TO THE** MOST CHASTE AND PURE HEART OF ST. JOSEPH

Oh, Most Chaste and Pure Heart of St. Joseph, I consecrate myself to your heart where all souls shall be protected. For love of thee, I surrender to thee, Amen.

(St. Joseph through Chris Courtis, May 2, 2008)

### LITANY OF THE MOST CHASTE HEART OF ST. JOSEPH

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us, Christ, hear us. Christ, graciously hear us.

God the Father of Heaven,

Have mercy on us.

God the Son, Redeemer of the World

Have mercy on us

God the Holy Spirit,

Have mercy on us.

Holy Trinity, One God

Have mercy on us.

Most Chaste Heart of St. Joseph,

Pray for us

Heart of a loving foster father, pray...

Most Chaste Heart of Virgins, pray...

Most Chaste Heart of God's son,

Most Chaste Heart of Grace,

Heart of Joseph most chaste

Heart of Joseph most inflamed with divine love,

Heart of Joseph undefiled,

Heart of Joseph most admirable,

Heart of Joseph filled with good counsel,

Heart of Joseph, foster father of our Creator,

Heart of Joseph filled with love for our Savior,

Precious Heart of St. Joseph,

Most Passionate Heart of St. Joseph,

Chaste Heart of St. Joseph,

Chaste Heart in his mother's womb,

Chaste heart of St. Joseph, graced with reasoning,

Chaste Heart of St. Joseph, graced with charity

Chaste Heart of St. Joseph, graced with a special sympathy for the dying,

Chaste Heart of St. Joseph, who knew so much anxiety and sorrow,

Chaste Heart of St. Joseph whose heart communed with angels in dreams,

Chaste Heart of St. Joseph, terror of demons,

Chaste Heart of St. Joseph, defender against lies and heresies.

Chaste Heart of St. Joseph, protector of virgins,

Chaste Heart of St. Joseph, vessel of devotion,

Chaste Heart of St. Joseph, Tower of David,

Chaste Heart of St. Joseph, Pillar of David, Chaste Heart of St. Joseph, health of the sick,

Chaste Heart of St. Joseph, refuge of sinners,

Chaste Heart of St. Joseph, companion of virgins,

Chaste Heart of St. Joseph, companion of happy hearts,

Chaste Heart of St. Joseph, patron of workers,

Chaste Heart of St. Joseph, most obedient,

Chaste Heart of St. Joseph, most wise,

Chaste Heart of St. Joseph, most trusting in God,

Chaste Heart of St. Joseph, most in favor with God.

Chaste Heart of St. Joseph, most similar to the hearts of Jesus and Mary,

Chaste Heart of St. Joseph, most small

Chaste Heart of St. Joseph, filled with tender love,

Chaste Heart of St. Joseph, most innocent,

Chaste Heart of St. Joseph, most loyal

Chaste Heart of St. Joseph, most holy,

Chaste Heart of St. Joseph, most faithful,

Chaste Heart of St. Joseph, most tender,

Chaste Heart of St. Joseph, quiet in humility,

Chaste Heart of St. Joseph, kind and tender teacher,

Virginal Heart of St. Joseph, heart most pure,

Virginal Heart of St. Joseph, filled with heavenly peace,

Virginal Heart of St. Joseph, pillar of strength,

Virginal Heart of St. Joseph, pillar of hope,

Virginal Heart of St. Joseph, pillar of mercy,

Virginal Heart of St. Joseph, pillar of peace,

Virginal Heart of St. Joseph, pillar of happiness that the world cannot understand.

Virginal Heart of St. Joseph, pillar of love,

Virginal Heart of St. Joseph, pillar of holiness,

Heart of St. Joseph, comforter of the afflicted,

Heart of St. Joseph, help of Christians, Heart of St. Joseph, Prince of Angels,

Heart of St. Joseph, Prince of Patriarchs,

Heart of St. Joseph, Prince of Prophets,

Heart of St. Joseph, Prince of Apostles,

Heart of St. Joseph, Prince of Martyrs,

Heart of St. Joseph, Prince of Confessors,

Heart of St. Joseph, Prince of Virgins,

Heart of St. Joseph, Prince of All Saints,

Heart of St. Joseph, so close to the Heart of Jesus Christ.

Heart of St. Joseph, so filled with heavenly gifts Heart of St. Joseph, formed by divine power and fashioned by God's Holy Divine Will,

Heart of St. Joseph, Gate of Heaven,

Heart of St. Joseph, giver of peace,

Most Chaste Heart of St. Joseph, leading us to God.

Lamb of God, who takes away the sins of the world, spare us O Lord.

Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world, have mercy on us.

Pray for us, O Most Chaste Heart of St. Joseph, that we may be made worthy of the promises of Christ.

#### PRAYER TO THE MOST CHASTE HEART OF ST. JOSEPH

O Most Chaste Heart of St. Joseph, who was destined by God to be the foster father of His Only Begotten Son Jesus and the Most Chaste Spouse of the Blessed Virgin Mary, who at such an early age received the graces of reasoning and then made a vow in your heart to remain a virgin, God did increase in your heart many graces, blessings, and virtues such as charity, poverty, and a special sympathy for the dying.

O Most Chaste Heart of St. Joseph, who knows so much of anxieties and the sorrow over humanity, pray and help us in all our sorrows and miseries. You who are chaste in heart and who communed in dreams with the angels, be with us in our dreams and hopes for this life.

O Most Chaste Heart of St. Joseph, please receive this petition which I place in your Most Chaste Heart (then make the request). Please do not reject my plea but, O Most Chaste Heart of St. Joseph, intercede for my need, and in that act be most charitable to me.

And you, who are the terror of the demons, please defend me from all evil. I ask for the grace of greater love for Mary, my mother, and Jesus, my brother and Savior, and to defend me from all heresies and lies of Satan and the world. And when the world has made me sad and lonely, then O Most Chaste Heart of St. Joseph, protector of virgins, hide me in your heart and, like the Son of God, Jesus, be to me another father. O Most Loveable and Chaste Heart of St. Joseph, pray for me. Amen

<sup>+</sup>These prayers were given by inner locution to Chris Courtis, a visionary in Maryland, USA, in 2004.